

C05

Ymchwiliad i Effaith Deddf Gwasanaethau Cymdeithasol a Llesiant (Cymru) 2014 mewn perthynas â Gofalwyr

Inquiry into Impact of the Social Services and Wellbeing (Wales) Act 2014 in relation to Carers

Ymateb gan Unigolyn

Response from an individual

Hello,

I received an email via the North Wales Cancer Forum containing the information leaflet regarding How much support is there for carers in Wales?

I thought I would send a short example of my own experience as a carer for an autistic adult as I believe that support for autistic young adults has been non-existent for many years. I am aware that work is being done to rectify this, with a self-referral centre based in [REDACTED]. I have only recently received information via my GP about this service so I'm not sure of the extent of their support.

During the many years that I lived in [REDACTED] and two years that I lived [REDACTED], I repeatedly asked for help with my 18-21 year autistic son who was experiencing severe mental health problems. I received two separate letters telling me that 'there is no support for autistic adults in North Wales'. Every time I asked for help I found none. Thankfully I have now moved to a house that has the right environment for my son and most of the time we are coping well. We were near to breaking point while in [REDACTED] and I feared for my son's life. My G.P. was supportive and caring, but there was only so much he could do.

I hope my information might urge your committee to assess the support for young autistic adults in North Wales.

Regards

[REDACTED]